

**HPE 115 Chemical Dependency Education  
Fall Trimester 2009 (0.5 Credits)**

Instructor: Shelli Arneson  
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Course Meetings:  
Augsburg Rochester Campus  
Mondays  
5:45 – 9:15 PM  
9/14, 9/21, 9/28, 10/05

**Course Description:**

This course is designed to provide an integrated overview of the biological, psychological, and social aspects of psychoactive drug use and abuse. Prevention strategies, recognition of abuse and dependence, and resources available will be discussed.

**Required Readings:**

Students will be required to read the posted materials and articles available on the Moodle website. There is not a required textbook for this course.

**Course Objectives:**

Upon completion of this course, the student will be able to:

1. Acquire an appreciation and understanding of the various social reactions to drug use and abuse in society.
2. Identify the basic physiological and psychological properties of the following drug categories: alcohol, stimulants, depressants, hallucinogens, and inhalants.
3. Identify signs and symptoms of alcohol and other drug abuse and addiction and list the available community resources.
4. Describe models and theories of alcohol and other drug abuse prevention, treatment, and evaluate effective applications.
5. Discuss curricula, programs, and resources available for use in school settings and resources available in health care settings.

**Assignments and Evaluation:**

Grades will be based on total point accumulation.

4.0 = 90%	3.0 = 80%	2.0 = 70%	1.0 = 60%
3.5 = 85%	2.5 = 75%	1.5 = 65%	0.5 = 55%

Total points possible in the course = 300

Film Reaction Paper: 100 points

Resource Website Articles: 100 points (4 articles @ 25 pts each)

Classroom Student Discussions: 100 points (4 sessions @ 25 pts each)

*-Film Reaction Paper:* I will provide you with a list of films about chemical dependency on Moodle. Your assignment will be to view one of the films and write a 3 page critical analysis of the film. I will provide you with specifics at our first class session.

*- Resource Website Articles:* You will have the opportunity to research websites for the most current research and information regarding the field of alcohol and drug abuse. Each class session, I will ask you to bring in a copy of an article, research finding, or press release from one of the websites and share what you have learned about chemical dependency.

*-Classroom Student Discussions:* Your attendance at all four class sessions is crucial to the learning process. Each class session, you will have the opportunity to participate in student group discussions on topics directly related to alcohol and drug abuse. These discussions cannot be replicated outside of the classroom.

**Teaching Strategies:**

The course content will include classroom discussion, lecture, student activities, and videotapes.

**Academic Honesty Policy:**

The Augsburg College policy on academic honesty applies to this course.

**Students Rights and Responsibilities:**

Students with diagnosed learning disabilities or physical handicaps may have legal rights to course modifications. Please identify your needs, so I may assist you with course progress. All students have the right to use the College Counseling Office, the Academic Skills Center, and the Writing Lab.

**Course Schedule:**

Monday 9/14	Introduction to Alcohol and Other Drugs Pharmacology
Monday 9/21	Drugs in Society Drug Categories
Monday 9/28	Treatment Process Recovery Process
Monday 10/05	Film Reaction Paper Due Prevention Resources

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**Tasks Due Monday, September 14**

I look forward to meeting you at our first class session. If you have any questions please feel free to call or email me. In preparation for our first class session, I ask that you complete the following tasks:

1. Log on to Moodle and confirm that you are registered for this course and have access to the syllabus and resource materials.
2. Log on to one of the government sites or university centers listed below. Find an article, research finding, press release, or fact about chemical dependency that you find interesting. Print off a copy of your findings and bring the copy to class for discussion.

Higher Education Center for Alcohol and Other Drug Prevention (HEC). The Center provides nationwide support for campus alcohol and other drug prevention efforts.

[www.edc.org/hec/abouthec.htm](http://www.edc.org/hec/abouthec.htm)

National Clearinghouse for Alcohol and Drug Information (NCADI). The information service of the Center for Substance Abuse Prevention of the U.S. Department of Health and Human Services.

<http://ncadi.samhsa.gov/>

National Council on Alcoholism and Drug Dependency (NCAADD). Alcohol and other drug information and statistics.

[www.ncadd.org](http://www.ncadd.org)

National Institute on Drug Abuse (NIDA). Addresses the biomedical and behavioral foundations of drug abuse, including causes and consequences.

[www.nida.nih.gov](http://www.nida.nih.gov)

Alcohol and Drug Institute University of Washington. Research in the field of alcohol and drug abuse.

<http://depts.wash.edu/adai>

National Center on Addiction and Substance Abuse (CASA). Columbia University. Major independent source of research and opinion.

[www.casacolumbia.org](http://www.casacolumbia.org)