

Cuba Program Request Checklist: _____

Organization Name and Dates of Trip

Please complete the following checklist. All of our trips are customized to your interests. Recommended visits for a general interest trip are indicated with an asterisk (*). Most groups plan at least 2 days outside of Havana. The primary destinations that we have experience with are: Puerto Esperanza, Matanzas/Varadero, and Santa Clara. Suggested visits for each location are listed.

Please **check ONE circle** for the focus of your trip; **check ANY of the boxes** for your preferred visits; please indicate any mandatory visits for your group in the section below; and select one side-trip, if applicable:

General Interest

- City tour *
- Museum of the Revolution *
- Cannon Firing *
- Havana scale model

Government/Politics

- U.S. Interests Section *
- National Assembly of the People's Power
- U.S.-Cuba Relations
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Agriculture/Food/Hunger

- Free-enterprise agricultural market *
- Ration store (*bodega*) *
- Organic garden (*organiponico*)
- Tobacco cooperative (*vega*)

Religion

- Church service: _____ *
- Church-State Relations (Rev. Suarez) *
- Santeria performance *
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Health Care

- Family doctor clinic *
- Polyclinic or hospital
- Pharmacy
- Maternity home
- Chernobyl Project
- HIV/AIDS clinic
- Specialty clinic: _____

Business/Economy

- Cuban economy discussion *
- Private-enterprise restaurant (*paladar*) *
- Private booksellers, crafts market *
- Cigar factory *
- Globalization, tourism

Education

- Primary school *
- Boarding school (*internado*)
- College/University
- Museum of the Literacy Campaign *
- Private library
- Specialty school: _____

Recreational Activities:

- Beach
- Baseball game
- Music club - type: _____
- Ballet
- Dance lessons

Arts/Literature

- Museum of Fine Arts *
- Hemingway House
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Any Mandatory Visits?:

* = Recommended visits for a general interest trip (12-15 per 8-9 day trip)

Side Trips:

◇ **Puerto Esperanza:** Rural community in an area primarily devoted to tobacco growing. Visits can include: Women's Hospital (*hogar materna*); elementary school for disabled children; tobacco cooperative (*vega*); craft factory; and Pentecostal church. Groups stay at the guesthouse for the Pentecostal church, and the pastor relates stories about pre- and post-Revolutionary times. On the way to/from Puerto Esperanza a visit can be arranged at *Las Terrazas*, an ecotourism complex in the Rosario Biosphere Reserve, and a stop at an historical site dedicated to the former slave caves (plan on 1 day for *Las Terrazas* and the slave caves).

◇ **Santa Clara:** Small town in an area primarily devoted to the planting, cutting and crushing of sugarcane; contains a number of monuments and museums commemorating the battle that led to the downfall of Batista in 1958. Visits can include: Central Park (*Parque Vidal*) with concerts every Thursday and Sunday at 8 pm; Che Guevara monument and museum; cigar factory (best place to see this); and organic garden (*organiponico*). Groups stay at either a small hotel in downtown, on the *Parque Vidal*, or at a Soviet resort outside of town – both are very modest. Bay of Pigs is several hours southwest of Santa Clara and some groups have added a visit to Bay of Pigs as part of their trip to Santa Clara. In spite of its history, there is only a very small museum in Bay of Pigs and not much else of interest (with travel time plan on 1 day for Bay of Pigs) though it's a nice spot to snorkel.

◇ **Matanzas/Varadero:** Larger towns surrounded by grapefruit and orange plantations and some industrial complexes (sugar refinery, paper mill, etc.); hosts much of Cuba's tourist industry - Varadero is Cuba's largest resort area. Visits can include: Matanzas Seminary; Matanzas University; workshop for handmade books (*Ediciones Vigía*); and tourist areas of Varadero. Groups stay at a church guesthouse on the beach in Varadero. The woman who runs the guesthouse is very involved in the Cuban Federation of Women and her church and is willing to talk about her activities. Hemingway's house is in Cojimar, which is not very far out of the way and some groups have stopped here as part of their itinerary (plan on ½ day for Cojimar).