



FACULTY-LED WINTER BREAK PROGRAMS

trekking the mountains in **MEXICO**

About the Program

Facilitated by Augsburg's Center for Global Education, this program combines a local immersion experience in a Mexican community with an outdoor adventure like no other! Learn how your body responds to high altitude first hand when you monitor the physiological changes you go through when you reach the summit of two peaks in the Sierra Madres. Note: This program is physically rigorous.

Course

HPE 336: Trekking the Mountains: An Outdoor Cultural Excursion

Prerequisite

HPE 001 or 104

Fulfills

- Augsburg Experience
- Lifetime Fitness Activity: HPE002
- Exercise Science elective

Faculty Leader

Anthony Clapp

Travel Dates

January 4-15, 2012

Mandatory on-campus class sessions will be held before and after travel. Dates/times TBA.

Program Fees (estimate)

\$3,399 full-time Day
\$3,759 part-time and WEC

Fees include tuition, round-trip airfare, all accommodations and meals, ground transportation, on-site programming, translations, CPR certification, and international health insurance.

Financial Aid

Your scholarships, grants and loans can apply toward this study abroad program. If you plan on using financial aid, make an appointment with the Enrollment Center at enroll@augsborg.edu or 612-330-1046.

Office of International Programs



www.augsburg.edu/augsburgabroad

Apply by Sept 30, 2011!

Questions? Contact Andrea Dvorak at dvorak@augsborg.edu or 612-330-1669.