

MINNESOTA RECOVERY SCHOOLS

School	Address	Phone	Email	Contact Person(s)	Directions	Capacity
Arona Campus	4182 Lexington Ave. Shoreview, MN 55126	651-639-6226 651-639-6231 (Fax) (Summer '03 651-482-8203)	brad.kraushaar@moundsvIEWSschools.org lyle.taipale@moundsvIEWSschools.org	Brad Kraushaar Mary Popelka	Take Lexington North off of 694. Turn right into business park. Enter in back of 4182 bdg.	Arona 25students; Arona Link 16-20
Cass Lake (Aateshing)	208 Central Ave. NW Cass Lake, MN 56633	218-335-6529 218-335-8826 (Fax, attn.: Mark or Patti)	phaasch@clbs.k12.mn.us mkuleta@clbs.k12.mn.us	Patti Haasch Mark Kuleta	Downtown Cass Lake, from US Hwy 371 turn West on 2 nd St. then watch for school on North side of 2 nd St.	10-12 students
Dry High	309 Lk. Hazeltine Dr. Chaska, MN 55318	952-368-8878-(Monique) 952-368-8877- (Heather) 952-368-8888 (Fax)	hbantle@cseced.org or mbourgeois@cseced.org	Heather Bantle Monique Bourgeois	Call for directions	30 students
Gateway Program	1919 University St. Paul, MN 55104	651-221-1302 651-221-1303 (Fax)	Paul.Grehl@spps.org	Paul Grehl	West of Fairview on University Ave. on the north side of the street	20 students
INSIGHT Program	White Bear Lake ALC 2449 Orchard Lane N. Suite 200 White Bear Lake, MN 55110	651-773-6417 (Traci) 651-773-6414 (Beth) 651-773-6401 (Julia) 651-773-6402 (Fax)	tgbowe@wbl.whitebear.k12.mn.us	Traci Bowermaster Beth Samuelson Julia Jilek	Take 694 to White Bear Ave N. Head north two lights to Orchard Lane. Turn right on Orchard and go about 1 mile. Program is in the White Bear Lake ALC on the left side.	15 students
P.E.A.S.E. Academy	601 13 th Ave. SE Mpls, MN 55414	612-378-1377 612-378-4886 (Fax)	rick_bishop@hotmail.com h2owoman@aol.com	Rick Bishop Kellie Winter	35W to University Ave. University Ave. to 10 th Ave. Left on 10 th Ave. & Go 3 blocks. Turn R on 6 th St. & go 3 blocks. Turn L on 13 th Ave. Park in University Lutheran Church of Hope. School in lower level.	65 students
Sobriety High East Campus	2055 White Bear Ave. Maplewood, MN 55109	651-748-5256 651-748-5291 (Fax)	east.campus@sobrietyhigh.org Linda.teppo@sobrietyhigh.org	Linda Teppo	Take I-35 E or W to MN-36, east to White Bear Ave., south mile to #2055	44 students
Sobriety High West Campus	5250 W. 73 rd St., Suite A, Edina, MN 55439	952-831-7138 952-831-7154 (Fax)	west.campus@sobrietyhigh.org judi.hanson@sobrietyhigh.org jim.czarniecki@sobrietyhigh.org	Judi Hanson	Take I-494 or MN-62 to MN 100. Take MN 100 to 70 th exit; at foot of ramp, turn W on W. 70 th to Metro Drive, go S one block to W. 72 nd St. Turn W on 72 nd , one block, to W. 73 rd St. Turn W on 73 rd , to end of block, 5250 is last bdg on N side	44 students
United South Central Sober School	P.O. Box 155 400 5 th Ave. Freeborn, MN 56032	507-863-2310 507-553-5929 (Fax)	pciffra@hotmail.com phoenixhm@attbi.com	Paula Ciffra Howie Meier	From Albert Lea, use I-90, exit Hwy 13, go N to Hwy 10 and go W 9 miles from Wells. Turn R off Hwy 109 on Hwy 30 and go 9 miles into Freeborn.	35 students
StepUp Program, Augsburg College	2211 Riverside Ave. Minneapolis, MN 55454	612-330-1405 612-330-1166	salmeri@augsborg.edu www.augsborg.edu/stepup	Patrice Salmeri David Hadden	Located off of I-94 and Riverside Ave. in Minneapolis	50 students

	Type of School	School Districts Served	Enrollment Criteria	General Rules	Lunch
Arona Campus	Part of Moundsview Public School District A.L.C. Program	Open to all.	Thirty (30) days chemical free or completion of primary treatment, aftercare attendance. Intake meeting with legal guardian.	Commitment to abstinence, honesty, integrity and school success. A respect of yourself and others. Consistent attendance. No violence will be tolerated.	Not offered, microwave and fridge available. Open lunch Friday.
Cass Lake (Aateshing)	Part of Cass Lake-Bena School District ALC Program	Open to all.	Completion of treatment, commitment to sobriety, academics and group sessions.	Follow ISD #115 attendance and behavior rules, dress appropriately, no jackets or bags in school, respect for yourself, others and school.	\$2.50/ Lunch or Free and Reduced Lunch available.
Dry High	Part of Carver-Scott Educational Coop/ Collaborating with Carver and Scott Counties	Open to all. Preference to Carver and Scott residents.	Diagnosed CD, successful completion of TX; commitment to sobriety and academics. Interview.	Honesty; demonstrate a commitment to sobriety. Maintain consistent attendance an academic achievement. Based in Restorative Practices.	Closed campus. Lunches are \$2.00/Freeand reduced lunches available thru Chaska schools. Refrig., micro, and toaster available.
Gateway Program	Part of St. Paul Public School District A.L.C. Program	Open to all.	Successful completion of treatment or meet with Paul if sober through AA/NA only. Sincere desire to stay sober and working a program of recovery.	Three stage disciplinary process. Attendance and punctuality required. Respect and dignity are cornerstones.	Provided
INSIGHT Program	Part of White Bear Lake ALC Program	Open to all in-state students 16 and older.	Thirty (30) days sober, desire to remain drug and alcohol free, desire to continue working on school and recovery goals.	Commitment to honesty, respect others, no unexcused absences, follow recovery plan, be gainfully working for attaining credit.	\$2.10/per lunch. Free/ reduced lunches available..
P.E.A.S.E. Academy	Nonprofit agency contracting with Minneapolis Public Schools as an alternative school	Open to all.	Through an interview with student and parent(s), the student must demonstrate an honest commitment to sobriety and a viable support system.	Maintain sobriety, show willingness to draw on others' support when a sober lifestyle is challenging, demonstrate care and respect for others, maintain consistent attendance and academic achievement, follow Personal Learning Plan.	Can bring lunch, eat off-campus, or order lunches from school (Subway, Arby's, Sbarro).
Sobriety High East Campus	Nonprofit, contracted to ISD #622 (North St. Paul-Maplewood-Oakdale)	Open to all.	Assessed by CD. Successful completion of treatment, submits application with essay, interview, sign sobriety contract.	Centered around respect (for self, others, school, AA/NA). Sobriety contract and program director, in consultation with faculty and parents(s), determine consequences.	Microwaves, stove, refrigerator available.
Sobriety High West Campus	Nonprofit, contracted to ISD #273 (Edina)	Open to all.	Assessed by CD. Successful completion of treatment, submits application with essay, interview, sign sobriety contract.	See above.	Microwaves, and refrigerator available. Can buy from lunch cart.
United South Central Sober School	Part of the United South Central #2134 School District	Open to all.	Successful completion of treatment 30 days sobriety and/or recommendation from treatment or school CD counselor. Commitment to recovery. Interview.	Consistent with United South Central School District rules.	Lunch program, Ala carte or brown bag lunches available.
StepUp Program, Augsburg College	College program that provides recovery support in a dorm setting	N/A	Acceptance into Augsburg; minimum 6 months sobriety and commitment to 12-step program, recommendation from recent CD counselor, sign StepUp contract	Detailed in StepUp Program contract	Dorms have kitchens, school has a cafeteria.

	Transportation	Smoking	Diploma	Special Education	12-Step Program Policy	Success Rates
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		Policy				
Arona Campus	Must provide own, can drive own car. Many home districts provide.	More information is available on intake.	Either home school or Moundsview. Student selects.	IEPS are monitored by Licensed Special Ed Teacher.	Youth identify & share individual recovery plans with community. Students are accountable to the community. Program encourages outside AA/NA meetings & other identified support systems. Daily support group as well as daily recovery class.	Follow up statistics available. Average 10 students participating in Commencement over last 4 years.
Cass Lake (Aateshing)	Must provide own transportation or bus available.	No smoking on school property.	Through Cass Lake-Bena School District or resident School District.	SLD and E/BD services available.	Weekly outside AA/NA meetings, weekly in-house individual counseling & daily morning group.	Will send if requested.
Dry High	Must provide own, free pkg. Some districts will provide.	No smoking during school hours or on school property	Granted thru home school district.	Special Education services available	Two 12-step mtgs/wk Reg. contact w/sponsor Staff facilitated peer support group.	Will provide upon request.
Gateway Program	Must provide own, can drive own car. Bus passes available. On bus line.	No smoking within several block radius of school. Consequences if found with cigs.	Through St. Paul Schools unless close to graduation at time of enrollment; then home school district.	IEP's are monitored by licensed special education teacher.	Two outside AA/NA meetings per week, contact with sponsor once per week, sponsor must be same gender, 4 years older and 3 years sober, Big Book step study.	About 50% stay sober, 10 high school graduates last year, a few went on to college.
INSIGHT Program	Transportation will be provided to students within the White Bear Lake School District.	Not on school grounds.	Through White Bear Lake Schools.	Special Education available.	AA/NA meetings and Aftercare encouraged. Check-in groups three times a week, longer group once per week. Students, with the help of the staff, write individual recovery plans to be followed.	Will send upon request.
P.E.A.S.E. Academy	Must provide own transportation. Free bus passes provided – on bus line. Free parking.	Tobacco-free building and campus. No smoking with 1 block radius.	Through Minneapolis Public Schools.	Mpls Public Schools maintain due process Student with an IEP can work toward goals at PEASE. School provides small class sizes, opportunities for individualized work, and access to academic tutor.	Weekly on-sight NA meetings. Outside sobriety support expected. Group and individual meetings with CD counselor required depending on student's sobriety status, daily Peer Support Team meetings, and all-school check-ins two or three times weekly.	Will send update.
Sobriety High East Campus	One block from bus line. Car-pool. Bus from within ISD #622.	No smoking in building. Selected breaks permitted outside.	Sobriety High diploma; accredited by North Central Association of Colleges and Schools.	Specialist available by appointment for special education concerns.	Must attend at least 1 outside AA/NA meeting per week, have sponsor, and actively work program. Staff moderates daily peer-to-peer communication groups.	+92% attendance, +80% retention, +60% participation by parents and families. For seniors: 95% graduate, +65% matriculate at post-secondary schools.
Sobriety High West Campus	One block from bus line. Car-pool. Bus from within ISD #273.	No smoking in building. Selected breaks permitted outside.	Sobriety High diploma; accredited by N. Central Assoc. of Colleges and Schools.	Specialist available by appointment for special education concerns.	See Sobriety High East Campus answer above.	See Sobriety High East Campus answer above.
United South Central Sober School	Call to make arrangements.	No smoking on school campus.	Work for diploma from home district.	Flexibility in waiving special education requirements necessary.	Two outside AA/NA meetings a week, contact with sponsor one time a week, sponsor must be of same gender.	In 1999-2000, 10 of 13 students returned for program's second year. Currently, too early for exact details of success.
StepUp Program, Augsburg College	N/A (Students live on campus)	In designated areas.	A variety of degrees are available through Augsburg College	Augsburg College has special services for students with special needs.	Commitment to a 12-step abstinence-based recovery program required.	Contact StepUp for specifics.

	Academics	Parent Involvement	Other Comments
Arona Campus	Graduation standards implemented for Freshman and sophomores. Prep for Basic Standards Testing provided. Opportunity for post-secondary options. Prep for transition to larger community.	Active family group.	Arona emphasizes the individuals' responsibility and accountability in their personal recovery. Focus on internal focus of control rather than external control. Summer school available. Prom, graduation and other mainstream activities offered.
Cass Lake (Aateshing)	Hands-on, experiential Learning focus, Independent study format encompassing all grade and skill levels.	Call to find out info on parent involvement.	This collaboration provides everyday support services to a predominantly Native American student population and their families.
Dry High	English, math, science, soc.st.,electives. Ind study, grad standards, mentorship, career and post-sec options avail., credit for proof of 12-step mtg attendance	Parents meet every other week during school yr.	Safe and positive environment for students committed to their sobriety. Restorative Practices align w/ 12 steps, emphasizing repairing harm to relationships. Summer school. Full time LADC. Active parent involvement.
Gateway Program	Classroom setting, Test of Basic Needs given at admit, schooling geared to needs. Credit given also for group, AA/NA meetings, and five hours per week homework. Licensed teacher has many years experience.	Call to find out info on parent involvement.	Can take college courses at Century CC; good for motivated student, summer school available. Full time Minnesota Licensed Chemical Dependency Counselor on staff.
INSIGHT Program	Credit and Graduation Standards available in Social Studies, Science, English, Math, PE, Health and Art. Basic Skills and PSEO credit also available.	Active parent group meets every third Tuesday of the month.	Only sober school within an already existing school. Weight room, recreation room, and environmental program available as well as field trips, extracurricular activities, and summer school.
P.E.A.S.E. Academy	Focus on high school graduation and preparation for post-secondary education. Students can complete core required courses, variety of electives, preparation for basic standards testing if necessary, and achievement of graduation high standards.	Call to find out info on parent involvement.	What students miss in extra-curricular activities of regular school, they gain in being part of a caring, supportive, safe, and goal-oriented community.
Sobriety High East Campus	Full high school curriculum includes four-year core course in English, math, science, and social studies. Phy. Ed., health and six electives offered each year. Eighteen graduation high standards embedded in curriculum. PSAT and state basic skills tests administered on site. Classroom settings of 8-12 students each.	Call to find out info on parent involvement.	Website:www.sobrietyhigh.org Active PTO, parent support groups, and several extra curricular (student council, yearbook, school newspaper, literary magazine, prom, chess club, etc.) Three two-week summer sessions, week-long Camp Sibley.
Sobriety High West Campus	Full high school curriculum includes four-year core course in English, math, science, and social studies. Phy. Ed., health and six electives offered each year. Eighteen graduation high standards embedded in curriculum. PSAT and state basic skills tests administered on site. Classroom settings of 8-12 students each.	PTO meets monthly. Parent support group and parent ed.	Website:www.sobrietyhigh.org Active PTO, parent support groups, and several extra curricular (student council, yearbook, school newspaper, literary magazine, prom, chess club, etc.) Three two-week summer sessions, week-long camp session.
United South Central Sober School	Coursework available in social studies, mathematics, sciences, physical education, life skills, career development, and independent learning packages. Graduation Standards and basic skills testing available. Programs available for grades 9-12.	Call to find out info on parent involvement.	USC Sober School is currently the only such school available in rural southern Minnesota. Special arrangements can be arranged for housing.
StepUp Program, Augsburg College	Provides a high-quality liberal arts education for student with diverse backgrounds, experiences, and preparation.	Call to find out info on parent involvement.	Only college-based recovery school in Minnesota offering separate chemical-free housing, advocacy with faculty and staff, weekly individual support meetings with the director or asst. director, referrals to other campus services for one-on-one tutoring or instruction and extracurricular team-building and community activities such as camping, bowling and holiday dinners.

Traci Bowermaster, M.Ed., INSIGHT Program, White Bear Lake ALC—Updated 7/9/03